



Madeley Academy Sixth Form

BTEC Level 3 National Extended Certificate in Sport **BTEC Level 3 National Diploma in Sport and Exercise Science**

WHY SPORT?

These courses offer an active and enjoyable way to study Sport and to gain an understanding of the Sport and Leisure Industry. Both courses aim to provide students with opportunities to progress academically and to gain the necessary prerequisites to pursue a successful career within the broad field of Sport. There are various possibilities open to students as they progress through the Academy, including: entrance to University to study sport related degrees, scholarships in USA, direct employment in the leisure industry, achieve a career in a particular sport, either as a full time professional or semi-professional. The Sports Academy aims to provide students with the opportunities to play competitive fixtures at all levels, including prestigious competitions such as ESFA National Cups and League Competitions.

Students also have opportunities to gain valuable life-skill qualifications at both Level 1 and 2 such as:

- F.A. Level 1 and 2 in Coaching Football
- Level 2 Fitness Instructors qualification
- A relevant First Aid qualification
- Sports Leaders Awards
- The Duke of Edinburgh Award Scheme

SPECIFIC ENTRY REQUIREMENTS

- Students must achieve a minimum of 4 GCSEs Grade A*- C plus English Language and Mathematics at Grade 4
- C Grade or Merit in a relevant Level 2 qualification
- A high commitment to PE and Sport, including extra-curricular activities

COURSE DETAILS

BTEC National Extended Certificate in Sport (Single Award course)

You will study 3 mandatory units (2 of which are externally assessed) plus 1 optional unit.

Mandatory Units: Anatomy and Physiology (external assessment), Fitness Training and Programming for Health, Sport and Well-being (external assessment), Professional Development in the Sports Industry.

Example Optional Units: Sports Leadership, Application of Fitness Testing, Sports Psychology, Practical Sports Performance.

BTEC National Diploma in Sport and Exercise Science (Double Award Course)

You will study 6 mandatory units (3 of which are externally assessed) plus 2 optional units.

Mandatory Units: Sport and Exercise Physiology (external assessment), Functional Anatomy (external assessment), Applied Sport and Exercise Psychology (external assessment), Field and Laboratory-based Fitness Testing, Applied Research Methods in Sport and Exercise Science, Coaching for Performance and Fitness.

Example Optional Units: Biomechanics in Sport and Exercise Science, Specialist Fitness Training, Research Project in Sport and Exercise Science, Physical Activity for Individual and Group-based Exercise, Sports Massage, Sociocultural Issues in Sport and Exercise.

For more information please visit:

www.madeleyacademy.com



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